**Diagnosis and Treatment of**

**Irritable Bowel Syndrome**

**Sample Program Agenda for 1-hour program**

An overview of Irritable Bowel Syndrome (IBS)

* + Epidemiology and Disease progression
	+ Clinical Presentation
	+ Treating Adult and Pediatric Patients

Key symptoms and patient complaints that indicate IBS

The classification system for IBS: the Rome IV diagnostic criteria and updates

Irritable Bowel Syndrome - Diarrhea

* Pathogenesis of IBS-D
* Anti-spasmodics
* Cognitive - Behavioral Approaches
* Current and emerging therapeutic agents for IBS-D
* Most current research on efficacy of rifaximin and eluxadoline

Irritable Bowel Syndrome - Constipation

* Pathogenesis of IBS-C
* Behavioral Approaches
* Tenapanor, plecanitide and other therapeutics for IBS-C and IBS-M

Dietary considerations and Effective Diets for IBS patients

The role of Pro-biotics and Gut Flora

Best clinical practices for primary care clinicians for IBS patients and When and how to refer a patient for more advanced diagnostics and treatment

IBS Case Analysis and Discussion

Re-Cap and Closing comments